



Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375

SWIMMING & DIVING

Director of Media Relations: Gregory Pellegrino
E-Mail: gpellegrino@northeast10.org
2008-09 NE-10 Swimming & Diving • Regular Season Release
March 16, 2009 • For Immediate Release

PHONE: (508) 230-9844
FAX: (508) 230-9845
WEBSITE: WWW.NORTHEAST10.ORG

Northeast-10 Swimming & Diving Report through March 15, 2009 -FINAL-



Northeast-10 Men's Swimming Athlete of the Week

Ricky Chidsey, Le Moyne (Sr., Liverpool, N.Y.) - Placed eighth in the 200-yard backstroke in a time of 1:48.82 at the NCAA Championships to earn First Team All-America honors. Also picked up Honorable Mention All-America accolades with a 12th-place finish in the 100-yard backstroke in 50.34 seconds.



Northeast-10 Women's Swimming Athlete of the Week

Cody Hall, Southern Connecticut (Jr., Parker, Colo.) - Collected three All-America honors this past week at the NCAA National Championships. Took fourth place in the 1650-yard freestyle and eighth place in both the 1000-yard freestyle and 400-yard IM events.



Northeast-10 Men's Diving Athlete of the Week

Greg Simoneau, Southern Connecticut (So., Sandy Hook, Conn.) - Earned two All-America accolades at the National Championships this past week. Grabbed sixth place in the three-meter (401.45) and eighth place in the one-meter (370.00) diving events.

Northeast-10 Women's Diving Athlete of the Week

No Nominations



Northeast-10 Men's Freshman of the Week

Ryan Brauer, Saint Rose (Fr., Clifton Park, N.Y.) - Established himself as a three-time All-American after setting his fifth school record within a four-day span at the NCAA Division II Championships. Sliced nearly five seconds off his own school record on the way to an eighth place performance in the 200-yard breaststroke (2:08.44). Earlier in the meet, swam a 1:51.88 in the 200 butterfly to remove three seconds off his mark with a 22nd place performance. Finished 11th to garner honorable mention All-America accolades in the 400 individual medley relay with a 3:59.02 clocking. Took a staggering 21 seconds off his own school record with a 9:24.53 clocking in the 1,000 freestyle.



Northeast-10 Women's Freshman of the Week

Katie O'Donnell, Le Moyne (Fr., Delmar, N.Y.) - Placed 11th in the 200-yard backstroke in a school-record time of 2:03.94 at the NCAA Championships to earn Honorable Mention All-America honors. Also picked up Honorable Mention All-America accolades with a 16th-place finish in the 200-yard IM in 2:07.99 after reaching the finals with a school-record time of 2:06.77 in the preliminaries. Also set the school record in the 100-yard backstroke preliminaries with a time of 57.56 to finish 17th.



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Weekly Honor Roll:

Miguel Nesrala, Southern Connecticut (Fr., Santo Domingo, D.R.) - Collected ninth place in the 200-yard freestyle event in day two of the NCAA National Championships. For his performance he was awarded an All-America honorable mention tribute.

Emily Sundel, Southern Connecticut (Jr., West Hartford, Conn.) - Grabbed two All-America Honorable mentions at the NCAA National Championships this past week. Notched 15th place in the 500-yard freestyle event, touching the wall with a time of 5:03.68. Also nabbed 14th place in the 1000-yard freestyle, swimming the heat in 10:18.93.

Past Men's Swimming Athlete of the Week:

10/14: Aaron Rocheleau, Southern Connecticut, So.
10/20: Jerry Dumary, Le Moyne, So.
10/27: Aaron Rocheleau, Southern Connecticut, So.
11/3: Jerry Dumary, Le Moyne, So.
11/10: Sam Laden, Bentley, Jr.
11/17: Ricky Chidsey, Le Moyne, Sr.
11/24: Ricky Chidsey, Le Moyne, Sr.
12/1: Aaron Rocheleau, Southern Connecticut, So.
12/8: Aaron Rocheleau, Southern Connecticut, So.
1/5: Ryan Brauer, Saint Rose, Fr.
1/12: Egen Ouellette, Bentley, So.
1/19: John Senkewich, Saint Rose, Sr.
1/26: Ricky Chidsey, Le Moyne, Sr.
2/2: Ryan Brauer, Saint Rose, Fr.
2/9: Jerry Dumary, Le Moyne, So.
2/16: Craig McClintock, Pace, Sr.
2/23: Miguel Nesrala, Southern Connecticut, Fr.
3/2: Ricky Chidsey, Le Moyne, Sr.

Past Women's Swimming Athlete of the Week

10/14: Kristen Frost, Southern Connecticut, Jr.
10/20: Meghan Nugent, Le Moyne, Sr.
10/27: Kristen Frost, Southern Connecticut, Jr.
11/3: Kristen Frost, Southern Connecticut, Jr.
11/10: Kristen Frost, Southern Connecticut, Jr.
11/17: Kristen Frost, Southern Connecticut, Jr.
11/24: Nicole Murphy, Le Moyne, Jr.
12/1: Kristen Frost, Southern Connecticut, Jr.
12/8: Kristen Frost, Southern Connecticut, Jr.
1/5: Anne Kaduboski, Bentley, So.
1/12: Anne Kaduboski, Bentley, So.
1/19: Kristen Frost, Southern Connecticut, Jr.
1/26: Anne Kaduboski, Bentley, So.
2/2: Katie O'Donnell, Le Moyne, Fr.
2/9: Katie O'Donnell, Le Moyne, Fr.
2/23: Anne Kaduboski, Bentley, So.
2/23: Kristen Frost, Southern Connecticut, Jr.

Past Men's Diving Athlete of the Week

10/14: Ryan Cutler, Southern Connecticut, Sr.
10/20: Zach Hisert, Le Moyne, Sr.
10/27: Jon Andrews, Bentley, So.
11/3: Jon Andrews, Bentley, So.
11/10: Zach Hisert, Le Moyne, Sr.
11/17: Zach Hisert, Le Moyne, Sr.
11/24: Jon Andrews, Bentley, So.
12/8: Jon Andrews, Bentley, So.
1/19: Jake Stamas, Saint Michael's, Jr.
1/26: Greg Simoneau, Southern Connecticut, So.
2/2: Jon Andrews, Bentley, So.
2/9: Zach Hisert, Le Moyne, Sr.
3/2: Jon Andrews, Bentley, So.



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Past Women's Diving Athlete of the Week

10/14: Amanda Burden, Southern Connecticut, Fr.
10/27: Cassandra Gentile, Pace, Fr.
11/3: Tierney Carey, Saint Michael's, Sr.
11/10: Amanda Burden, Southern Connecticut, Fr.
11/24: Tierney Carey, Saint Michael's, Sr.
12/8: Amanda Burden, Southern Connecticut, Fr.
1/5: Emily Travers, Bentley, So.
1/12: Tierney Carey, Saint Michael's, Sr.
1/19: Cassandra Gentile, Pace, Fr.
1/19: Tierney Carey, Saint Michael's, Sr.
1/26: Emily Travers, Bentley, So.
2/2: Emily Travers, Bentley, So.
2/9: Tierney Carey, Saint Michael's, Sr.
2/23: Amanda Burden, Southern Connecticut, Fr.

Past Men's Freshman of the Week

10/14: Jeremy Frey, Southern Connecticut
10/20: Mike Christine, Le Moyne
10/27: Drew Acquaviva, Le Moyne
10/27: Ryan Brauer, Saint Rose
11/3: Mike Christine, Le Moyne
11/10: Dan Healey, Saint Michael's
11/17: Mike Christine, Le Moyne
11/24: Ryan Brauer, Saint Rose
12/1: Austin Mizzell, Southern Connecticut
12/8: Ryan Brauer, Saint Rose
1/5: Ryan Brauer, Saint Rose
1/19: Ryan Brauer, Saint Rose
1/26: Mike Christine, Le Moyne
1/26: Ryan Brauer, Saint Rose
2/2: Ryan Brauer, Saint Rose
2/9: Drew Acquaviva, Le Moyne
2/16: William King, Pace
2/23: Miguel Nesrala, Southern Connecticut
3/2: Matt Wessels, Bentley

Past Women's Freshman of the Week

10/14: Jill Capadanno, Assumption
10/20: Katie O'Donnell, Le Moyne
10/27: Eileen Mullaney, Saint Michael's
11/3: Eileen Mullaney, Saint Michael's
11/10: Eileen Mullaney, Saint Michael's
11/17: Eileen Mullaney, Saint Michael's
11/24: Caitlin Peterson, Saint Rose
12/8: Amanda Burden, Southern Connecticut
1/5: Susie Boretti, Bentley
1/12: Eileen Mullaney, Saint Michael's
1/19: Caitlin Peterson, Saint Rose
1/26: Caitlin Peterson, Saint Rose
2/2: Katie O'Donnell, Le Moyne
2/9: Katie O'Donnell, Le Moyne
2/23: Eileen Mullaney, Saint Michael's