



Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375

SWIMMING & DIVING

Director of Media Relations: Gregory Pellegrino
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2008-09 NE-10 Swimming & Diving • Regular Season Release
December 1, 2008 • For Immediate Release

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Northeast-10 Swimming & Diving Report through November 30, 2008



Northeast-10 Men's Swimming Athlete of the Week

Aaron Rocheleau, Southern Connecticut (So., Newington, Conn.) - Won the 200 Yard IM in 1:58.17 and took second in the 200 yard backstroke (1:55.83) and third in the 100 yard backstroke (57.35) in the team loss to Yale University.



Northeast-10 Women's Swimming Athlete of the Week

Kristen Frost, Southern Connecticut (Jr., Madison, Conn.) - Recorded three victories including the 100 yard freestyle in 9:53.11, setting a new pool record at Hutchinson Natatorium versus Yale University. Also finished first in the 200 yard butterfly in 2:06.39 and the 500 yard freestyle in 4:52.99.

Northeast-10 Men's Diving Athlete of the Week

No Nominations

Northeast-10 Women's Diving Athlete of the Week

No Nominations



Northeast-10 Men's Freshman of the Week

Austin Mizzell, Southern Connecticut (Fr., Bristol, Conn.) - Took two first place finishes versus Yale University. Won the 100 and 200 yard breaststroke completing the races in 59.88 and 2:11.87 respectively. Also finished third in the 200 yard IM with a final time of 2:03.23.

Northeast-10 Women's Freshman of the Week

No Nominations



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Past Men's Swimming Athlete of the Week:

10/14: Aaron Rocheleau, Southern Connecticut, So.
10/20: Jerry Dumary, Le Moyne, So.
10/27: Aaron Rocheleau, Southern Connecticut, So.
11/3: Jerry Dumary, Le Moyne, So.
11/10: Sam Laden, Bentley, Jr.
11/17: Ricky Chidsey, Le Moyne, Sr.
11/24: Ricky Chidsey, Le Moyne, Sr.

Past Women's Swimming Athlete of the Week

10/14: Kristen Frost, Southern Connecticut, Jr.
10/20: Meghan Nugent, Le Moyne, Sr.
10/27: Kristen Frost, Southern Connecticut, Jr.
11/3: Kristen Frost, Southern Connecticut, Jr.
11/10: Kristen Frost, Southern Connecticut, Jr.
11/17: Kristen Frost, Southern Connecticut, Jr.
11/24: Nicole Murphy, Le Moyne, Jr.

Past Men's Diving Athlete of the Week

10/14: Ryan Cutler, Southern Connecticut, Sr.
10/20: Zach Hisert, Le Moyne, Sr.
10/27: Jon Andrews, Bentley, So.
11/3: Jon Andrews, Bentley, So.
11/10: Zach Hisert, Le Moyne, Sr.
11/17: Zach Hisert, Le Moyne, Sr.
11/24: Jon Andrews, Bentley, So.

Past Women's Diving Athlete of the Week

10/14: Amanda Burden, Southern Connecticut, Fr.
10/27: Cassandra Gentile, Pace, Fr.
11/3: Tierney Carey, Saint Michael's, Sr.
11/10: Amanda Burden, Southern Connecticut, Fr.
11/24: Tierney Carey, Saint Michael's, Sr.

Past Men's Freshman of the Week

10/14: Jeremy Frey, Southern Connecticut
10/20: Mike Christine, Le Moyne
10/27: Drew Acquaviva, Le Moyne
10/27: Ryan Brauer, Saint Rose
11/3: Mike Christine, Le Moyne
11/10: Dan Healey, Saint Michael's
11/17: Mike Christine, Le Moyne
11/24: Ryan Brauer, Saint Rose

Past Women's Freshman of the Week

10/14: Jill Capadanno, Assumption
10/20: Katie O'Donnell, Le Moyne
10/27: Eileen Mullaney, Saint Michael's
11/3: Eileen Mullaney, Saint Michael's
11/10: Eileen Mullaney, Saint Michael's
11/17: Eileen Mullaney, Saint Michael's
11/24: Caitlin Peterson, Saint Rose