

Northeast-10 Conference  
16 Belmont Street  
South Easton, MA 02375



INDOOR TRACK & FIELD

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2006-07 NE-10 Indoor Track & Field • Regular Season Release  
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## Northeast-10 Indoor Track & Field Report For Contests Through January 21, 2007

### Northeast-10 Men's Track Athlete of the Week



**Lawrence Aidoo, UMass Lowell** (Sr., Pawtucket, RI) - Placed second in the 200-meter dash and third in the 60-meter dash (second among college runners) at the Greater Boston Track Club Invitational. In the 200, posted a time of 22.61 seconds and ran the 60-meters in 7.07 seconds.

### Northeast-10 Women's Track Athlete of the Week



**Nicole Plante, UMass Lowell** (Sr., North Adams, MA) - Placed second overall and first among collegiate runners in the mile at the Greater Boston Track Club Invitational. Posted a time of 5:07.29, the second-fastest time in UMass Lowell history and just 0.25 seconds off the school record.

### Northeast-10 Men's Track Freshman of the Week



**Robert Liekweg, UMass Lowell** (Fr., Salem, NH) - Placed second overall and tops among collegiate runners in the unseeded 400-meter dash at the Greater Boston Track Club Invitational in 50.44 seconds. Also placed fifth overall and first among Division II-III runners in the 60-meter hurdles preliminary in 8.48 seconds (qualified for the final, did not run); and second (first among II-III entries) in the long jump with a distance of 20' 3.5".

### Northeast-10 Women's Co-Track Freshman of the Week



**Barbara Powell, Bentley** (Fr., Granby, MA) - Finished third in the mile at the Greater Boston Track Club Invitational, with a time of 5:21.67.



**Joy Osahon, Southern Connecticut** (Fr., East Hartford, CT) - Finished third in the women's 800-meter run with a finishing time of 2:24.29.

### Northeast-10 Men's Field Athlete of the Week



**Dana Burbank, Stonehill** (Sr., North Andover, MA) - Won the heptathlon event at the Rhode Island Sorlein Invitational, qualifying for New England Championships in process.

### Northeast-10 Women's Field Athlete of the Week



**Toni-Marie Henry, UMass Lowell** (Sr., Springfield, MA) - Shattered the school record for the second time in three weeks. Placed third overall and tops among collegians in the triple jump at the Greater Boston Track Club Invitational. Posted a distance of 40' 4.75" to eclipse her previous mark of 40' 3.25". Currently ranks No. 2 in the country.

### Northeast-10 Men's Field Freshman of the Week

**No Nominations**

### Northeast-10 Women's Field Freshman of the Week



**Jacqui Barrett, UMass Lowell** (Fr., Woburn, MA) - Won the shot put at the Greater Boston Track Club Invitational with a throw of 41' 9.75".



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### Weekly Honor Roll:

**Lloyd Brown, American International** (Fr, Bloomfield, Conn.) - Finished second at the Tufts Invitational in the 55-meter dash with a time of 6.58 seconds. Also finished ninth overall in the 200-meter dash with a time of 24.55 seconds.

**Caitlyn Clark, Assumption** (Gr., Worcester, MA) - Finished fourth in the mile (5:16.37) and ran the opening leg of the fifth place 4x400 relay team (4:26.29) at the Tufts Jumbo Invitational.

**Joe Kowalczyk, Assumption** (Gr., Wilbraham, MA) - Won the shot put at the Tufts Jumbo Invitational with a winning distance of 47 feet, 7 inches (14.52 m).

**Molly O'Connell, Assumption** (So., Sandy, UT) - Placed second in the shot put at the Tufts Jumbo Invitational with a distance of 38 feet, 2.75 inches (11.65 m).

**Nicole Pankey, Assumption** (Sr., Portsmouth, RI) - Finished fourth in the triple jump (32-07.50/9.94 m) at the Tufts Jumbo Invitational.

**Kevin Donovan, Bentley** (Jr., Tonawanda, NY) - Was fourth amongst collegians and sixth overall in the 3000-meter run at the Greater Boston Track Club Invitational.

**Doug Caves, UMass Lowell** (Fr., Oxford, MA) - Placed third overall and first among Division II, III and juco runners in the 400-meter dash at the Greater Boston Track Club Invitational with a time of 49.06 seconds.

**Rocky LeFort, UMass Lowell** (Jr., Nashua, NH) - Won the shot put at the Greater Boston Track Club Invitational with a throw of 48' 6.25".

**Steve Plouffe, UMass Lowell** (Sr., Methuen, MA) - Placed sixth overall and tops among college runners in the mile at the Greater Boston Track Club Invitational with a time of 4:17.25.

**Kelly Chaisson, Stonehill** (Sr., Walpole, MA) - Placed fourth in the 3,000 meters at the Rhode Island Sorlein Invitational with a time of 10:32.37.

**Dana DeIngenis, Stonehill** (Sr., Cranston, RI) - Placed third in the 1,000-meters at the Rhode Island Sorlein Invitational with a time of 3:00.69.

**Keith Gill, Stonehill** (Jr., Brockton, MA) - Placed second in the 1,000-meters with a school record time of 2:27 at the Rhode Island Sorlein Invitational.

**Torrey Price, Stonehill** (So., Sleepy Hollow, NY) - Placed fifth with a school record time of 6.48 in the 55-meters at Rhode Island Sorlein Invitational.

### Past Men's Track Athlete of the Week:

12/4: Clint Cooper, UMass Lowell, Sr.  
12/4: Hafiz Greigre, Bryant, Sr.  
12/11: Hafiz Greigre, Bryant, Sr.  
01/8: Robert Keizer, Southern Connecticut, Jr.  
01/15: Patrick Molloy, UMass Lowell, Jr.

### Past Women's Track Athlete of the Week

12/4: Toni-Marie Henry, UMass Lowell, Sr.  
12/11: Melissa Nash, Bentley, So.  
01/15: Corilynn Smith, UMass Lowell, Jr.

### Past Men's Track Freshman of the Week

12/4: Mike Malinowski, UMass Lowell  
12/11: Devin Belanger, Southern Connecticut  
01/15: Doug Caves, UMass Lowell

### Past Women's Track Freshman of the Week

12/4: Bridget DeVincent, Stonehill  
12/11: Haley Catarius, UMass Lowell  
01/15: Haley Catarius, UMass Lowell

### Past Men's Field Athlete of the Week

12/4: Dana Burbank, Stonehill, Sr.  
12/11: Chris Watson, Southern Connecticut  
01/08: Kevin Taylor, Southern Connecticut, Jr.  
01/15: Rocky LeFort, UMass Lowell, Jr.

### Past Women's Field Athlete of the Week

12/4: Amber Torrey, Bryant, Jr.  
12/11: Merlene "Stacey" Egbert, Southern Connecticut

### Past Men's Field Freshman of the Week

12/4: Justin Oliver, UMass Lowell  
12/11: Matt Cyr, Bryant

### Past Women's Field Freshman of the Week

12/4: Jacqui Barrett, UMass Lowell  
12/11: Jacqui Barrett, UMass Lowell  
01/15: Jacqui Barrett, UMass Lowell