



# NORTHEAST-10 CONFERENCE

## Media Relations

16 Belmont Street – South Easton, MA 02375 - Phone: 508.230.9844 – Fax: 508.230.9845

For Immediate Release  
Monday, February 13, 2006

Katie Healey  
khealey@northeast10.org

### Northeast-10 Indoor Track & Field Report through February 12, 2006



#### Northeast-10 Men's Track Co-Athletes of the Week

**Lawrence Aidoo, UMass Lowell** (Sr., Providence, RI) - Placed in the top 10 in two events at the Boston University St. Valentine's Day Invitational. Provisionally qualified for the NCAA Championship in the 200 meter dash with a time of 21.87 seconds, placing ninth overall and second among Division II-III runners. Placed sixth of 109 runners (tops among Division II-III entries) in the 55 meter dash in 6.58 seconds.



**David Metzger, Stonehill** (So., Ellington, CT) - Bettered previous NCAA provisional qualifying performance in the 5,000 meters at the Boston University Valentine Classic, posting school record time of 14:37.70 in the event.



#### Northeast-10 Women's Track Athlete of the Week

**Dana DeIngenis, Stonehill** (Jr., Cranston, RI) - Provisionally qualified for the NCAA indoor championships in the 800 meters at the BU Valentine Classic with a school record time of 2:16.65 in the event, good for 15th place.



#### Northeast-10 Men's Track Freshman of the Week

**Ruben Sanca, UMass Lowell** (Fr., Boston, MA) - Placed 20th overall and second among Division II-III runners in the 1,000 meters at BU with a time of 2:30.78.



#### Northeast-10 Women's Track Freshman of the Week

**Emily Thomas, UMass Lowell** (Fr., Foxboro, MA) - Placed 12th overall and second among Division II-III runners in the 1,000 meters at the Boston University St. Valentine's Day Invitational. Posted a time of 3:02.79.



#### Northeast-10 Men's Field Athlete of the Week

**Rob Coates, Southern Connecticut** (So., East Haven, CT) - Had a personal-best mark of 15 feet, seven inches, in the pole vault, placing third at the Boston University St. Valentine's Invitational. The height also was a provisional mark to qualify for the NCAA Division II indoor championships.



#### Northeast-10 Women's Field Athlete of the Week

**Rosie Lotocky, Assumption** ( So. , Stamford, CT ) - Had a personal best distance c 30 feet 2 inches in the weight throw at the Boston University Valentine Invitational.



#### Northeast-10 Women's Freshman Field Athlete of the Week

**Carey Fitzgerald, Bryant** ( Fr. , Old Saybrook, CT ) - Fitzgerald tied Bryant's school record in the women's pole vault at Saturday's Boston University Valentine's Day meet clearing eight feet.

## Northeast-10 Weekly Honor Roll:

### MEN:

**Ryan Agnew, Bentley** (Sr. , Spencer, MA) - Provisionally qualified for the NCAA Div. II Championships in the 5,000 meters with a time of 14:51.49 during the BU Valentine's Invitational. Finished 22nd overall in an 87-man field.

**Stephan Ramirez, Bentley** ( So., San Antonio, TX) - Provisionally qualified for the NCAA Div. II Championships in the mile with a time of 4:14.84 at the BU Valentine's Invitational. Moved to fourth on Bentley's all-time list in the event, and placed 23rd amongst 117 runners.

**Clint Cooper, UMass Lowell** (Jr., Raynham, MA) - Placed sixth overall and first among Division II-III runners in the 400 meter dash. Posted a time of 48.24 seconds to provisionally qualify for the NCAA Championship for the second time this season (also a member of UML's 4X400 meter relay team which qualified earlier this season).

**Diego Pinheiro, UMass Lowell** (Sr., Ashland, MA) - Placed fourth overall and tops among Division II-III sprinters in the 500 meters, shattering the school record with a time of 1:03.02. Bested the previous school record of 1:03.67 set by Jason Paige in 2005.

**Scott Richnavsky, Southern Connecticut** (Sr., Torrington, CT) - The top NE-10 finisher in the 3,000 with a time of 8:35.17.

**Kevin Taylor, Southern Connecticut** (Jr., Bristol, CT) - Placed fifth in the long jump at 23 feet, three inches, at the BU St. Valentine's Invitational. He has passed the provisional qualifying standard for the NCAA indoor championships.

**Dickie Gerry, Stonehill** (So., Bow, NH) - Qualified individually for the NCAA indoor championships in mile at the Boston University Valentine Classic, posting time of 4:12.01 in event.

### WOMEN:

**Caitlyn Clark, Assumption** (Sr., Worcester, MA) - Recorded a career-best time in the mile (5:07.56) to finish in 17th place (1st among NE-10 participants) and was 28th (2nd among NE-10 participants) in the 1000m (3:07.92) at the Boston University Valentine Invitational.

**Trisha Domings, Assumption** (Fr. , Lexington, MA) - Had a personal best time of 29.43 in the 200 meter race at the Boston University Valentine Invitational.

**Natasha Stevenson, Bryant** (Jr., Haverhill, MA) - Set a new Bryant school record in the women's 200 meters at the Boston University Valentine's Day meet, finishing 31st in a time of 25.78 seconds.

**Erin Smith, Stonehill** (Sr., Brockton, MA) – Posted a personal best time of 17:45.48 in the 5,000 meters at Boston University Valentine Classic, placing 20th in event.

**Kate Viera, Bentley** (Sr., Taunton, MA) - Posted a personal best time of 1:21.10 in the 500 meters at the BU Valentine's Invitational. That was good for 21st place amongst 40 runners.

## Northeast-10 Weekly Notes:

**NORTHEAST-10:** The Northeast-10 Indoor Track and Field Championship will take place this Saturday, February 18, 2006 at Southern Connecticut State University. Be sure to check [www.northeast10.org](http://www.northeast10.org) for full results. **ASSUMPTION:** Several Assumption track athletes, male and female, had personal best times at the Boston University Valentine Invitational last weekend. Sophomore Emily Pattison (Hudson, MA/Hudson) had a career-best 29.71 in the 200 meter race and junior Nicole Tremblay (Salem, MA/Salem) ran a personal best 2:38.38 in the 800 meter race. On the men's side, freshman Joe Capuano (Stoneham, MA/Stoneham) ran a career best 7.66 in the preliminaries of the 55-meter dash and senior Kyle Fontaine (Portsmouth, RI/Portsmouth) had a personal best in the mile (4:52.69)... **BENTLEY:** During the BU Valentine's Invitational, both Ryan Agnew (Spencer, Mass.) and Stephan Ramirez (San Antonio, Texas) provisionally qualified for the NCAA Division II Indoor Track Championships, in the 5,000 meters and mile, respectively. Ramirez, with a time of 4:14.84, moved to number four on Bentley's all-time list, and teammate Anthony Vitale (Natick, Mass.) moved to number five with a time of 4:15.85. Other personal bests set in the meet were recorded by Garrett Stephen (Braintree, Mass.) in the 500 (1:08.11), Rebecca Ciccarelli (Natick, Mass.) in the 200 (27.62), Ali Velasquez (Marion, Mass.) in the 200 (28.30), Kate Viera (Taunton, Mass.) in the 500 (1:21.10) and Samantha Robbins (Franklin, Mass.) in the mile... **BRYANT:** the Bryant men's and women's indoor track teams turned in another solid showing at Saturday's Boston University Valentine's Day Meet at the BU Track & Tennis Center. A total of five new school records were set, two individually and three by the Bulldog relay teams. Natasha Stevenson placed 31st in the women's 200 meters, but her time of 25.87 set a new school record in the event and pushed her closer to an NCAA provisional qualifying mark. Stevenson set the record in the event back in December with a New England qualifying time of 26.06. Carey Fitzgerald tied Mary Sanker's 2005 school record in the pole vault, clearing 8 feet. Bryant's men's and women's 4x400 relay teams took center stage with each setting new school records. The men's team of Jeff Hedberg, Mike Lawlor, Joe Brennan, and Hafiz Greigre finished 20th overall in a time of 3:23.74. The women's team (Samantha Genatossio, Amanda Early, Justine Douvadjian, and Natasha Stevenson) placed 25th in a record time of 4:06.89. Finally, the Bryant men's distance medley relay team shattered the school record by more than 20 seconds as the team of Steve Barone, Corey Chapman, Chris Valence, and Caleb Paul finished seventh in 10:26.80... **UMASS LOWELL:** Five more individuals and relay teams provisionally qualified for the NCAA Championships as UMass Lowell impressed at the Boston University St. Valentine's Day Invitational. On the men's side, junior Clint Cooper (Raynham, MA) and senior Lawrence Aidoo (Providence, RI) qualified individually as Cooper placed sixth in the 400 meter dash in 48.24 seconds and Aidoo ninth in the 200 meters in 21.87 seconds. Additionally, the men's distance medley relay team also provisionally qualified as it placed second with a time of 9:58.97. Leading the way was senior Patrick Morasse (Lowell, MA), who ran the 1,200 meters in 3:00; sophomore Joey DeWitt (Ellsworth, ME), who ran the mile in 4:15.20; freshman Andrew Grange (Methuen, MA), who ran the 400 in 48.3; and freshman Patrick Molloy (Methuen, MA), who ran the 800 meters in 1:54.80... On the women's side, the distance medley relay team provisionally qualified for the NCAAs while the 4X400 meter relay team enhanced its seeding. The DMR team achieved a school record time of 12:07.22, more than 10 seconds faster than the previous record, and placed eighth overall at the Invitational. Leading the foursome was junior Nicole Plante (North Adams, MA), who ran the mile in 5:06; sophomore Amanda Sousa (Peabody, MA), who ran the 1,200 meters in 3:42; senior Jill Thibodeau (Westminster, MA), who ran the 400 meter dash in 57.0 seconds; and freshman Christina DaLomba (Marstons Mills, MA), who ran the 800 in 2:19. The 4X400 meter relay team placed fourth overall and tops among Division II-III teams with a time of 3:51.92. Making up the quartet were juniors Toni-Marie Henry (Springfield, MA) and Ashley Moulton (Haverhill, MA), sophomore Gillian Mundry (Methuen, MA) and senior Julie Handy (Yorba Linda, CA)... **SOUTHERN**

**CONNECTICUT:** Sophomore Rob Coates (East Haven, CT) had a personal-best mark of 15 feet, seven inches in the pole vault, placing third at the Boston University St. Valentine's Invitational. The height also was a provisional mark to qualify for the NCAA Division II indoor championships. Junior Kevin Taylor (Bristol, CT) placed fifth in the long jump at 23 feet, three inches and senior Scott Richnavsky (Torrington, CT) was the top NE-10 runner in the 3,000 with a time of 8:35.17... **STONEHILL:** Stonehill College and the Reggie Lewis Track and Athletic Center at Roxbury Community College will serve as co-hosts for the 2006 NCAA Division II Indoor Track and Field Championships on March 10th and 11th. For ticket information, call the Reggie Lewis Center at (617) 541-2450 or log-on to [www.stonehillskyhawks.com](http://www.stonehillskyhawks.com). Sophomores David Metzger (Ellington, Conn.) and Dickie Gerry (Bow, N.H.) provisionally qualified for the upcoming NCAA indoor championships on the men's side for Stonehill in the 5,000 meters and mile respectively, while junior Dana DeIngenis (Cranston, R.I.) provisionally qualified for the NCAA's in the women's 800 meters over the weekend at the Boston University Valentine Classic. Metzger and DeIngenis posted school record efforts in their respective events.