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New Haven's Malmlov Named Volleyball Player of the Year

South Easton, Mass. – University of New Haven junior outside hitter *Sara Malmlov (Lindesberg, Sweden)* was named the 2009 Northeast-10 Volleyball Player of the Year as voted by the conference's head coaches.

Malmlov helped lead New Haven to its second straight Northeast-10 Regular Season title as she currently leads the conference with 3.85 kills per set as well as points with 4.43 per set. She also has a hitting percentage of .286 to go along with 35 service aces. In addition, Malmlov was named to the All-Northeast-10 First Team.

Merrimack College junior *Alyssa Pickert (Tinley Park, Ill.)* was selected the 2009 Northeast-10 Libero of the Year. Pickert helped lead the Warriors to a school record 21 victories this season. She currently leads the Northeast-10 with 5.52 digs per set and is ranked 13th among the Division II leaders. A two-time All-Northeast-10 selection, Pickert also earned All-Northeast-10 Second Team honors.

New Haven sophomore *Chelsey Alrough (Torrance, Calif.)* was named the 2009 Northeast-10 Setter of the Year. Alrough helped the Chargers return to the Northeast-10 Championship after going undefeated in conference play. She currently leads the team and conference with 9.84 assists per set to go along with a hitting percentage of .227 and 35 service aces. She is also averaging 2.15 digs per set and 42 total blocks. In addition, she was also named to the All-Northeast-10 First Team.

The accolades continued for New Haven as *Keidy Candelaria (Vega Baja, P.R.)* was named the 2009 Northeast-10 Freshman of the Year. In her first year of collegiate action, Candelaria is averaging 3.29 kills (7th NE-10) per set, 2.61 digs per set and a hitting percentage of .237. She has recorded 53 service aces, which is 5th best in conference, and has 24 total blocks. In addition, Candelaria was named to the All-Northeast-10 First Team and All-Rookie Team.

The University of Massachusetts Lowell's *Karen McNulty* was voted the 2009 Northeast-10 Coach of the Year by her peers. McNulty guided the River Hawks to a 19-9 overall record and an 11-4 record in conference play to earn the fourth seed in this year's NE-10 Championship. This marks the tenth time in school history that the River Hawks have advanced to the Northeast-10 Championship.

With 16 member institutions the Northeast-10 shares the distinction of being the largest Division II conference in the country along with the PSAC and WVIAC. Its 23 championship sports provide athletic opportunities for over 5,500 student-athletes, the largest such program of any Division II conference.

- NE-10 -

**2009 Northeast-10 Conference
Volleyball All-Conference Teams**

First Team	Yr.	Pos.	School	Hometown
Hilary Pavels	Jr.	OH	Adelphi	North Woodmere, N.Y.
Alex Kearney	Sr.	OH	Bentley	La Jolla, Calif.
Sarah Coscia	Jr.	MH	UMass Lowell	Pittsfield, Mass.
Molly Cindric	Jr.	OH	Merrimack	Westlake Village, Calif.
Chelsey Alpough	So.	S	New Haven	Torrance, Calif.
Keidy Candelaria	Fr.	OH	New Haven	Vega Baja, P.R.
Sara Malmlov	Jr.	OH	New Haven	Lindesberg, Sweden
Second Team	Yr.	Pos.	School	Hometown
Heather Mau	Jr.	S	Adelphi	Honolulu, Hawaii
Taila de Souza	R-Fr.	OH	American Int'l	Cunupia, Trinidad & Tobago
Cassie Kraft	Sr.	L	Bentley	New Braunfels, Texas
Elizabeth Cheek	Sr.	OH	Le Moyne	Huntington Beach, Calif.
Alyssa Pickert	Jr.	L	Merrimack	Tinley Park, Ill.
Jenna Tammel	Sr.	OH	So. Connecticut	Spring Valley, Minn.
Andrea Wirth	Jr.	S	Stonehill	Mesa, Ariz.
Third Team	Yr.	Pos.	School	Hometown
Ellisha Terry	So.	OH	American Int'l	Fort Worth, Texas
Kristine Mickelson	Sr.	MB	Bentley	San Diego, Calif.
Morgan McDermott	Fr.	MH	Le Moyne	Camillus, N.Y.
Elsa LeGrand	Sr.	MH	UMass Lowell	Highlands Ranch, Colo.
Victoria Pompilus	Jr.	MH	Pace	Mount Vernon, N.Y.
Nora Rugova	Fr.	RSH	Pace	Mt. Kisco, N.Y.
Stephanie Dluginski	Jr.	MH	So. New Hampshire	Floral Park, N.Y.
All-Rookie Team		Pos.	School	Hometown
Breanna Popham		L	Adelphi	Crestview Hills, Ky.
Amy Waitkus		OH	Bentley	Phoenix, Ariz.
Morgan McDermott		MH	Le Moyne	Camillus, N.Y.
Shaunda Forcier		OH	Merrimack	Gonic, N.H.
Keidy Candelaria		OH	New Haven	Vega Baja, P.R.
Nora Rugova		RSH	Pace	Mt. Kisco, N.Y.
Vanessa Sullivan		L	So. Connecticut	Paramus, N.J.

Player of the Year: Sara Malmlov, New Haven

Libero of the Year: Alyssa Pickert, Merrimack

Setter of the Year: Chelsey Alpough, New Haven

Freshman of the Year: Keidy Candelaria, New Haven

Coach of the Year: Karen McNulty, UMass Lowell