

Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375



CROSS COUNTRY

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2006 NE-10 Cross Country • Regular Season Release
November 6, 2006 • For Immediate Release

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Northeast-10 Cross Country Report through November 5, 2006



Northeast-10 Men's Athlete and Freshman of the Week

Chris Croff, Southern Connecticut (Fr., Lisbon, CT) - Earned NCAA Division II Northeast Runner of the Year honors after placing first in the regional at Franklin Park. Registered a time of 30:52.5 to beat his nearest competitor by 26.5 seconds.



Northeast-10 Women's Athlete of the Week

Nicole Plante, UMass Lowell (Sr., North Adams, MA) - Placed first and was named the Northeast Region Runner of the Year for the second straight year in leading UMass Lowell to second place at the NCAA Northeast Regional Women's Cross Country Championship. Finished with a time of 21:28.3, more than one minute faster than the remainder of the field.



Northeast-10 Women's Freshman of the Week

Katelyn Meagher, Merrimack (Fr., Mansfield, MA) - Placed second for Merrimack and 22nd overall at the NCAA Northeast Regional Cross Country Championships at Franklin Park. Finished with a time of 24:03.2. Was the first freshman in the NE-10 to cross the finish line.

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Weekly Honor Roll:

Melissa Nash, Bentley (So., Marshfield, MA) - Finished second at the NCAA Division II Northeast Regional. Finished with a time of 22:29.0.

Nicole Radzik, Bryant (Jr., Sutton, MA) - Placed fifth overall at the NCAA Regional Championship, earning a trip to the NCAA National Championship. Finished with a time of 22:51.

Jason Beausoleil, UMass Lowell (Sr., Dracut, MA) - Placed sixth in a time of 31:41.5 and earned All-Northeast Region honors in helping UMass Lowell to its sixth NCAA Northeast Region Championship in the last seven years.

Christina DaLomba, UMass Lowell (So., Marstons Mills, MA) - Placed 10th overall and earned All-Northeast Region honors in a time of 23:25.8.

Joey DeWitt, UMass Lowell (Jr., Ellsworth, ME) - Placed 12th in a time of 32:04.6 and earned All-Northeast Region honors to help UMass Lowell men to its sixth NCAA Northeast Region Championship in the last seven years.

Steve Plouffe, UMass Lowell (Sr., Methuen, MA) - Placed fifth with a time of 31:26.4 and earned All-Northeast Region honors to help UMass Lowell to its sixth NCAA Northeast Region Championship in the last seven years.

Rex Radloff, UMass Lowell (So., Dedham, MA) - Placed seventh in a time of 31:42.1 and earned All-Northeast Region honors to help UMass Lowell to its sixth NCAA Northeast Region Championship in the last seven years.

Ruben Sanca, UMass Lowell (So., Boston, MA) - Placed second in a time of 31:19.0 and earned All-Northeast Region honors to lead UMass Lowell to its sixth NCAA Northeast Region Championship in the last seven years.

Emily Thomas, UMass Lowell (So., Foxboro, MA) - Placed 11th overall and was named to the All-Northeast Region Team with a time of 23:29.5.

Linsey Cohen, Merrimack (Sr., Holliston, MA) - Placed sixth overall at the NCAA Northeast Regionals with a time of 23:06.6.

Jill Allen, Stonehill (Sr., Peabody, MA) - Placed 12th overall to earn all-regional accolades in 24th-ranked Skyhawks' run to NCAA Northeast Regional crown with a time of 23:30.

Tim Catoggio, Stonehill (Sr., Bradford, MA) - Placed ninth to earn all-Northeast Regional accolades with a time of 31:57.

Kelly Chaisson, Stonehill (Sr., Walpole, MA) - Placed fourth individually at the NCAA Northeast Regional Championships, posting a time of 22:44 as Stonehill captured the 2006 Regional Championship.

Past Male's Athlete of the Week:

9/11: Jacob Edwards, Southern Connecticut, So.
9/18: Ruben Sanca, UMass Lowell, So.
9/25: Keith Gill, Stonehill, Jr.
10/2: Ruben Sanca, UMass Lowell, So.
10/9: Ruben Sanca, UMass Lowell, So.
10/16: David Metzger, Stonehill, Jr.
10/23: Chris Croff, Southern Connecticut, Fr.

Past Women's Athlete of the Week:

9/11: Kelly Chaisson, Stonehill, Sr.
9/18: Nicole Plante, UMass Lowell, Sr.
9/25: Kelly Chaisson, Stonehill Sr.
10/2: Nicole Radzik, Bryant, Jr.
10/9: Nicole Plante, UMass Lowell, Sr.
10/16: Kelly Chaisson, Stonehill, Sr.
10/16: Dana DeIngenis, Stonehill, Sr.
10/23: Nicole Plante, UMass Lowell, Sr.

Past Men's Freshman of the Week:

9/11: Chris Croff, Southern Connecticut
9/18: Michael Sweeney, Merrimack
9/25: Josh Andrews, Stonehill
10/2: Michael Sweeney, Merrimack
10/9: Chris Croff, Southern Connecticut, Fr.
10/23: Chris Croff, Southern Connecticut, Fr.

Past Women's Freshman of the Week:

9/11: Andrea Topalis, Stonehill
9/18: Melissa Bredice, Saint Rose
9/25: Andrea Topalis, Stonehill
10/2: Andrea Topalis, Stonehill
10/9: Andrea Topalis, Stonehill
10/16: Joy Osahon, Southern Connecticut
10/23: Barbara Powell, Bentley

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Dana DeIngenis, Stonehill (Sr., Cranston, RI) - Earned all-NCAA Northeast Regional honors with a third place individual finish at the NCAA Northeast Regionals, posting time of 22:42 as Stonehill captured the 2006 Regional Championship.

Keith Gill, Stonehill (Jr., Brockton, MA) - Earned all-Northeast Regional honors, placing third overall with time of 31:20 at the NCAA Northeast Regionals.

David Metzger, Stonehill (Jr., Ellington, CT) - Placed fourth at the NCAA Northeast Regional championships to earn all-regional honors with time of 31:23.

Joe Ryan, Stonehill (Jr., Chelmsford, MA) - Earned all-regional honors with a 10th place finish at the NCAA Northeast Regionals with a time of 32:01.

Weekly Notes: **BENTLEY:** Sophomore Melissa Nash became the first Bentley woman to qualify for the NCAA Division II Women's Cross Country Championships since Julie Doherty in 2001. **BRYANT:** Nicole Radzik is the first Bryant cross-country athlete to qualify for the national's since 2003. **UMASS LOWELL:** Earned its sixth NCAA Northeast Regional men's championship in the last seven years. **STONEHILL:** Captured its sixth NCAA Northeast Regional women's championship in seven seasons with an eight-point win Sunday to reclaim the title from runner-up UMass Lowell, as the 24th-ranked Skyhawks will make their seventh straight trip to the NCAA Division II National Championships. Head Coach Karen Boen was named by her peers as the NCAA Northeast Regional Coach of the Year for the sixth time in the last seven years, as Stonehill completed a Northeast-10/NCAA Regional championship sweep for the sixth time since 2000...The 15th-ranked Skyhawk men earned their fourth straight trip to the NCAA national championships, which will take place on November 18th as part of the Division II Fall Sports Festival in Pensacola, Fla.