

Northeast-10 Conference  
16 Belmont Street  
South Easton, MA 02375



**CROSS COUNTRY**

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2006 NE-10 Cross Country • Regular Season Release  
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## Northeast-10 Cross Country Report through November 19, 2006



### Northeast-10 Men's Athlete of the Week

**Keith Gill, Stonehill** (Jr., Brockton, MA) - Became the fourth All-America performer in Stonehill history by placing 27th individually at the 2006 NCAA Division II National Championships, in a time of 30:26.6.



### Northeast-10 Women's Athlete of the Week

**Nicole Plante, UMass Lowell** (Sr., North Adams, MA) - Placed second overall at the NCAA Championship while leading UMass Lowell to 20th place. Posted a time of 20:15.6, just 6.2 seconds behind champion Esther Komen of Western State. Earned All-American honors for the second straight year.



### Northeast-10 Men's Freshman of the Week

**Christopher Croff, Southern Connecticut** (Fr., Lisbon, CT) - Finished in 37th place at the 2006 NCAA Division II Cross Country Championships. Finished the race with a time of 30:28.1.



### Northeast-10 Women's Freshman of the Week

**Andrea Topalis, Stonehill** (Fr., Simsbury, CT) - Placed 143rd individually at the 2006 NCAA Division II National Championships, in a time of 23:53.

## Weekly Honor Roll:

**Melissa Nash, Bentley** (So., Marshfield, MA) - Finished 66th overall, and fourth amongst Northeast Region runners, at the NCAA Division II championships. Posted a time of 21:47.3.

**Nicole Radzik, Bryant** (Jr., Sutton, MA) - Finished 93rd at the NCAA National Championships, finishing in a time of 22:20.4.

**Rex Radloff, UMass Lowell** (So., Dedham, MA) - Placed 64th among scoring runners and 80th overall at the NCAA Cross Country Championship. Posted a time of 31:30.5 and helped UMass Lowell to 16th place.

**Ruben Sanca, UMass Lowell** (So., Boston, MA) - Placed 33rd among scoring runners and 44th overall in 30:41.5 and led UMass Lowell to 16th place at the NCAA Cross Country Championship.

**Tim Catoggio, Stonehill** (Sr., Bradford, MA) - Posted 72nd place at the 2006 NCAA Division II National Championships with a time of 31:39.



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**Kelly Chaisson, Stonehill** (Sr., Walpole, MA) - Became the third All-America performer in Stonehill history by placing 27th individually at the 2006 NCAA Division II National Championships, posting a time of 21:25 in leading to a 17th place team finish.

**Lesley Clunie, Stonehill** (Jr., Newburyport, MA) - Posted a 92nd place finish at the 2006 NCAA Division II National Championships with a time of 22:40.

**Dana DeIngenis, Stonehill** (Sr., Cranston, RI) - Placed 49th individually at the 2006 NCAA Division II National Championships with a time of 21:42.

**Jenny Gardynski, Stonehill** (So., Everett, MA) - Placed 102nd individually with a time of 22:55 at the 2006 NCAA Division II National Championships.

**David Metzger, Stonehill** (Jr., Ellington, CT) - Placed 58th at the 2006 NCAA Division II National Championships with a time of 31:18.8 in leading to a 10th place team finish.

**Jackie Oates, Stonehill** (So., South Easton, MA) - Placed 101st at the 2006 NCAA Division II National Championships with a time of 22:54.

**Joe Ryan, Stonehill** (Jr., Chelmsford, MA) - Placed 55th individually at the 2006 NCAA Division II National Championships, posting a time of 31:18.3.

**Weekly Notes: BRYANT:** Nicole Radzik finished fifth overall at the NCAA Region Championship, Radzik is the first Bryant runner to qualify for national's since Paula Klepadlo did it in 2003. **STONEHILL:** Both Stonehill squads posted the highest team finishes of Northeast-10 representatives at the 2006 NCAA Division II National Championships in Pensacola, Fla. on Saturday, as the 11th-ranked Skyhawk men posted their highest finish ever in four national championship appearances by placing 10th overall in the 24-team field. Junior Keith Gill (Brockton, Mass.) became the fourth All-America performer in Stonehill history by placing 27th individually and joining Mario Fraioli '04, Sean McKeon '05 and teammate David Metzger in the Skyhawk All-America club. Gill also becomes the first two-time All-America in both cross country and track & field in Stonehill history, having earned All-America accolades in the 1500 meters at the 2006 NCAA Outdoor Track Championships...The Skyhawk women posted their fourth top-17 team performance in the last seven years by placing 17th of 24 teams in Saturday's national championships, as senior Kelly Chaisson (Walpole, Mass.) became the third All-America performer in Stonehill women's history with a 27th place finish, joining Meghann Shanahan '05 and Dianna Chivakos '05 as the Skyhawk All-America trio.

**Past Male's Athlete of the Week:**

9/11: Jacob Edwards, Southern Connecticut, So.  
9/18: Ruben Sanca, UMass Lowell, So.  
9/25: Keith Gill, Stonehill, Jr.  
10/2: Ruben Sanca, UMass Lowell, So.  
10/9: Ruben Sanca, UMass Lowell, So.  
10/16: David Metzger, Stonehill, Jr.  
10/23: Chris Croff, Southern Connecticut, Fr.  
11/6: Chris Croff, Southern Connecticut, Fr.

**Past Women's Athlete of the Week:**

9/11: Kelly Chaisson, Stonehill, Sr.  
9/18: Nicole Plante, UMass Lowell, Sr.  
9/25: Kelly Chaisson, Stonehill Sr.  
10/2: Nicole Radzik, Bryant, Jr.  
10/9: Nicole Plante, UMass Lowell, Sr.  
10/16: Kelly Chaisson, Stonehill, Sr.  
10/16: Dana DeIngenis, Stonehill, Sr.  
10/23: Nicole Plante, UMass Lowell, Sr.  
11/6: Nicole Plante, UMass Lowell, Sr.

**Past Men's Freshman of the Week:**

9/11: Chris Croff, Southern Connecticut  
9/18: Michael Sweeney, Merrimack  
9/25: Josh Andrews, Stonehill  
10/2: Michael Sweeney, Merrimack  
10/9: Chris Croff, Southern Connecticut  
10/23: Chris Croff, Southern Connecticut  
11/6: Chris Croff, Southern Connecticut

**Past Women's Freshman of the Week:**

9/11: Andrea Topalis, Stonehill  
9/18: Melissa Bredice, Saint Rose  
9/25: Andrea Topalis, Stonehill  
10/2: Andrea Topalis, Stonehill  
10/9: Andrea Topalis, Stonehill  
10/16: Joy Osahon, Southern Connecticut  
10/23: Barbara Powell, Bentley  
11/6: Katelyn Meagher, Merrimack