

Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375



CROSS COUNTRY

Media Relations Assistant: Gregory Pellegrino
E-Mail: gpellegrino@northeast10.org
2006 NE-10 Cross Country • Regular Season Release
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PHONE: (508) 230-9844

FAX: (508) 230-9845

WEBSITE: WWW.NORTHEAST10.ORG



Northeast-10 Men's Athlete of the Week

Ruben Sanca, UMass Lowell (So., Boston, MA) - Placed fourth in a field of 196 scoring runners at the UMass Dartmouth Buddy Harris Memorial. Ran the five-mile course in 25:34, maintaining a 5:07 per mile pace, and helped UMass Lowell to sixth place among 29 teams.



Northeast-10 Women's Athlete of the Week

Nicole Plante, UMass Lowell (Sr., North Adams, MA) - Placed first among 229 runners at the UMass Dartmouth Shriners Invitational. Posted a time of 17:38 for the 5K course. Helped UMass Lowell finish eighth among 33 teams.



Northeast-10 Men's Freshman of the Week

Michael Sweeney, Merrimack (Fr., Chelmsford, MA) - Finished in 4th place at the 25th annual Saint Anselm College Philip Shacklette Invitational cross-country meet with a time of 28:58.



Northeast-10 Women's Freshman of the Week

Melissa Bredice, Saint Rose (Fr., Colonie, NY) - Finished 37th at the NYU Invitational out of 262 entries. Crossed the line in a time of 21:24, helping the Golden Knights to an eighth-place finish at the meet.

Weekly Honor Roll:

Kevin Donovan, Bentley (Jr., Tonawanda, NY) - Finished 23rd overall in a 58-runner field with a time of 26:39 at the Boston College Invitational.

Melissa Nash, Bentley (So., Marshfield, MA) - Set a personal best by 35 seconds while finishing 23rd (19:13) overall, amongst 51 runners, at the Boston College Invitational.

Nicole Radzik, Bryant (Jr., Sutton, MA) - Placed 19th overall individually at the UMass Dartmouth Invitational with a time of 19:10.

Rex Radloff, UMass Lowell (So., Dedham, MA) - Placed fifth overall in a field of 196 scoring runners at the UMass Dartmouth Buddy Harris Memorial. Ran the five-mile course in 25:38.

Linsey Cohen, Merrimack (Sr., Holliston, MA) - Was the individual women's winner of the Saint Anselm College Philip Shacklette Invitational with a time of 20:16.

Adam Johnson, Merrimack (Sr., Westminister, MA) - Won the Saint Anselm College Philip Shacklette Invitational with a time of 27:36.

Amanda Cantone, Saint Anselm (Sr., Woburn, MA) - Finished second at the Annual Philip Shacklette Invitational with a time of 20:58.

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Melissa Bredice, Saint Rose (Fr., Colonie, NY) - Finished 37th at the NYU Invitational out of 262 entries. Crossed the line in a time of 21:24.

Brad Lewis, Saint Rose (Jr., Troy, NY) - Finished with a time of 28:32, the second fastest course time in Saint Rose annals, to finish 29th among 294 competitors.

Joanne Smith, Saint Rose (So., Monroe, NY) - Recorded the second-fastest Saint Rose time at Van Cortlandt Park by covering the women's 3.125 layout in 21:10 to finish 27th among 262 entries.

Dan Haggerty, Southern Connecticut (Jr., Albany, NY) - Finished fifth overall at the Fordham Invitational at Van Cortlandt Park with a time of 27:42 as Southern Connecticut won the team title in the seven-team field.

Jason Pereira, Southern Connecticut (Fr., Waterbury, CT) - Placed seventh (28:04) among the 59 competing runners, helping win the team championship at the seven-team Fordham Invitational.

Fred Wills, Southern New Hampshire (Gr., Stratford, CT) - Placed fifth out of 31 runners at the Saint Anselm Shacklette Invitational with a time of 29:03.

Jill Allen, Stonehill (Sr., Peabody, MA) - Placed 31st individually at UMass Dartmouth Invitational, posting time of 19:31.

Tim Catoggio, Stonehill (Sr., Bradford, MA) - Placed 24th individually at UMass Dartmouth Invitational, with a time of 26:31.

Weekly Notes: The Stonehill men held the 10th spot in the USTFCAA Division II national poll for the second straight week last week.

Past Men's Athlete of the Week:

9/11: Jacob Edwards, Southern Connecticut, So.

Past Women's Athlete of the Week:

9/11: Kelly Chaisson, Stonehill, Sr.

Past Men's Freshman of the Week:

9/11: Chris Croff, Southern Connecticut

Past Women's Freshman of the Week:

9/11: Andrea Topalis, Stonehill