

Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375



CROSS COUNTRY

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2006 NE-10 Cross Country • Regular Season Release
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Northeast-10 Men's Athlete of the Week



David Metzger, Stonehill (Jr., Ellington, CT.) - Posted 11th place individual finish for 14th-ranked Skyhawks at the Williams Plansky Invitational, in a time of 19:30.



Northeast-10 Co-Women's Athlete of the Week

Kelly Chaisson, Stonehill (Sr., Walpole, MA) - Placed 17th individually with a time of 15:44 at the Williams Plansky Invitational.



Dana DeIngenis, Stonehill (Sr., Cranston, RI) - Placed 16th individually for 22nd-ranked Skyhawks at the Williams Plansky Invitational, in a time of 15:44.

Northeast-10 Men's Freshman of the Week

No nominations



Northeast-10 Women's Freshman of the Week

Joy Osahon, Southern Connecticut (Fr., East Hartford, CT) - Finished second with a time of 16:43 as Southern Connecticut placed second behind Fairfield and ahead of Sacred Heart in the three-team race.

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Weekly Honor Roll:

Michelle Frazer, Franklin Pierce (Sr., Braintree, MA) - Finished 26th out of 80 runners with total time of 23:42 at the Western New England Invitational,

Krystal Berrouard, Franklin Pierce (Sr., Swanzey, NH) – Finished 29th out of a field of 80 runners with a time of 23:50 at the Western New England Invitational.

Thomas Lichtenberger, Saint Michael's (Sr., Bloomfield, CT) - Finished third out of 49 runners at a four-team meet Finished in a time of 26:05.

Brad Lewis, Saint Rose (Jr., Troy, NY) - Covered the men's 8,000 meter course layout in 27:23.5 to finish 98th in a field that included 27 complete teams at the 40th annual Albany Invitational.

Past Male's Athlete of the Week:

9/11: Jacob Edwards, Southern Connecticut, So.
9/18: Ruben Sanca, UMass Lowell, So.
9/25: Keith Gill, Stonehill, Jr.
10/2: Ruben Sanca, UMass Lowell, So.
10/9: Ruben Sanca, UMass Lowell, So.

Past Women's Athlete of the Week:

9/11: Kelly Chaisson, Stonehill, Sr.
9/18: Nicole Plante, UMass Lowell, Sr.
9/25: Kelly Chaisson, Stonehill Sr.
10/2: Nicole Radzik, Bryant, Jr.
10/9: Nicole Plante, UMass Lowell, Sr.

Past Men's Freshman of the Week:

9/11: Chris Croff, Southern Connecticut
9/18: Michael Sweeney, Merrimack
9/25: Josh Andrews, Stonehill
10/2: Michael Sweeney, Merrimack
10/9: Chris Croff, Southern Connecticut, Fr.

Past Women's Freshman of the Week:

9/11: Andrea Topalis, Stonehill
9/18: Melissa Bredice, Saint Rose
9/25: Andrea Topalis, Stonehill
10/2: Andrea Topalis, Stonehill
10/9: Andrea Topalis, Stonehill