

Northeast-10 Conference  
16 Belmont Street  
South Easton, MA 02375



CROSS COUNTRY

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2008 NE-10 Cross Country • Regular Season  
October 13, 2008 • For Immediate Release

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## Northeast-10 Cross Country Report For Contests Through October 12, 2008



### Northeast-10 Men's Athlete of the Week

**Ruben Sanca, UMass Lowell** (Sr., Boston, Mass.) - Placed second individually and led UMass Lowell to its second New England Cross Country Championship in three years. Ran the five-mile course in 24:36, just one second behind winner Tim Ritchie of Boston College, as UMass Lowell scored 79 points.



### Northeast-10 Women's Athlete of the Week

**Christina DaLomba, UMass Lowell** (Sr., Marstons Mills, Mass.) - Placed 32nd overall and 31st among scoring runners at the New England Cross Country Championship. Ran the 5K course in 18:34 and led the River Hawks to 23rd in the 45-team field.



### Northeast-10 Men's Freshman of the Week

**Jeff Veiga, UMass Lowell** (Fr., Lowell, Mass.) - Placed 96<sup>th</sup> overall and helped lead UMass Lowell to the team title at the New England Championships with a time of 26:12.



### Northeast-10 Women's Freshman of the Week

**Gina Micaroni, Le Moyne** (Fr., Blossvale, N.Y.) - Finished in first place in a home dual meet with Saint Rose. Finished the three-mile course in 19:57 as the Dolphins fell to the Golden Knights by one point, 28-27.

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## Weekly Honor Roll:

**Eddirise Gaye, American International** (Fr., Pawtucket, R.I.) – At the New England Championships finished with a time of 24:08.

**Brian Mulwo, American International** (Fr., Kenya) - Paced the Yellow Jackets at the New England Championships, placing 161st with a time of 26:53.

**Patrick Erban, Assumption** (Fr., Attleboro, Mass.) - Led all male Assumption runners at the New England Championships with a time of 26:52.

Heather Gostyla, Assumption (Sr., Bloomfield, Conn.) - Was the leading runner for the Greyhounds with a 20:07 time in 160th place at the New England Championships.

**Melissa Nash, Bentley** (Sr., Marshfield, Mass.) - Posted her second straight top-40 finish at the New Englands, with her time of 18:39 good for 38th overall and fourth amongst Northeast-10 competitors.

**Andy Watson, Bentley** (Jr., New Milford, Conn.) - Was 10th amongst Northeast-10 runners at the New Englands, placing 45th overall with a time of 25:34. Improved on his 2007 performance by 98 seconds and 79 places.

**Jason DeDonato, UMass Lowell** (Sr., Nashua, N.H.) - Placed 16th overall and helped UMass Lowell to its second New England Cross Country Championship in three years. Ran the five-mile course in 25:05.

**Rex Radloff, UMass Lowell** (Jr., Dedham, Mass.) - Placed third overall and led UMass Lowell to the New England Cross Country Championship for the second time in three years. Ran the five-mile course in 24:43 as UMass Lowell scored 79 points.

**John Doherty, Merrimack** (Fr., Chelmsford, Mass.) - Placed 240th overall at the New England Championships in a time of 27:57.

**Ashley Sarris, Merrimack** (Fr., Shelton, Conn.) - Placed 164th overall in a time of 20:09 at the New England Championships.

**Jefferson Welch, Merrimack** (Sr., Haverhill, Mass.) - Placed 81st at the New England Championships in a time of 26:02.

**Mary Lynn Denholm, Saint Michael's** (Sr., Sparks, Md.) - Placed 35th (and third among Division II runners) at the New England Championships in Boston's Franklin Park, running the 5,000-meter course in 18:35.

**Meaghan Lucie, Saint Rose** (So., West Islip, N.Y.) - Took third overall to help Saint Rose take a slim 27-28 victory at Le Moyne. Covered the trek in 21:02 as 18 runners competed in the race.

**Jacob Edwards, Southern Connecticut** (Sr., North Stonington, Conn.) - Helped the Owls finish in 14th place in the New England Championships with a time of 25:15, placing him 22nd overall in the 316 runner field.

**Kevin Gill, Stonehill** (So., Brockton, Mass.) - Earned All-New England accolades with a fourth place finish at the New England Championships. His time of 24:54 marked the first time a Stonehill runner has completed the course in under 25 minutes.

### Past Men's Athletes of the Week:

9/2: Jake McAndrew, Le Moyne, Jr.  
9/8: Zachary Lankow, Stonehill, So.  
9/15: John Fennekoh, Southern Connecticut, So.  
9/22: Ruben Sanca, UMass Lowell, Sr.  
9/29: Chris Croff, Southern Connecticut, Jr.  
10/6: Pat Cullen, Saint Rose, Gr.

### Past Women's Athletes of the Week:

9/2: Melissa Nash, Bentley, Sr.  
9/8: Lyra Clark, UMass Lowell, So.  
9/15: Frannie Kloza, Bentley, So.  
9/22: Christina DaLomba, UMass Lowell, Sr.  
9/29: Melissa Nash, Bentley, Sr.  
10/6: Mary Lynn Denholm, Saint Michael's, Sr.

### Past Men's Freshman of the Week:

9/8: Corey Donahoe, Stonehill  
9/15: Steven Polito, Stonehill  
9/22: Carlos Montrond, UMass Lowell  
9/29: Bryan Sutherland, Bentley  
10/6: Brandon Madigan, Saint Rose

### Past Women's Freshman of the Week:

9/2: Gina Micaroni, Le Moyne  
9/8: Gina Micaroni, Le Moyne  
9/15: Jill Alves, Stonehill  
9/22: Gina Micaroni, Le Moyne  
9/29: Evelyn Marrero, Bentley  
10/6: Gina Micaroni, Le Moyne