

Northeast-10 Conference
16 Belmont Street
South Easton, MA 02375



CROSS COUNTRY

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2008 NE-10 Cross Country • Regular Season Release
November 24, 2008 • For Immediate Release

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Northeast-10 Cross Country Report For Contests Through November 23, 2008

Northeast-10 Men's Athlete of the Week



Ruben Sanca, UMass Lowell (Sr., Boston, Mass.) - Placed 45th overall and 37th among scoring runners at the NCAA Cross Country Championship at Slippery Rock University. Ran the 10K course in 32:22 and led the River Hawks to 13th in the team standings.

Northeast-10 Women's Athlete of the Week



Melissa Nash, Bentley (Sr., Marshfield, Mass.) - Was the number one Northeast-10 Conference runner at the NCAA Division II Championships, placing 63rd amongst 189 runners overall with a 6,000-meter time of 23:17. Bested the number two NE-10 runner by 18 places and 14 seconds.

Northeast-10 Men's Freshman of the Week



Jeff Veiga, UMass Lowell (Fr., Lowell, Mass.) - Placed 65th overall and 55th among scoring runners at the NCAA Cross Country Championship at Slippery Rock University. Ran the 10K course in 32:42 and helped UMass Lowell to 13th in the team standings.

Northeast-10 Women's Freshman of the Week



Susan O'Connell, Stonehill (Fr., East Greenwich, R.I.) - Was Stonehill's top freshman finisher at the Division II Cross Country Championships, completing the 6K layout in 24:37, good for 123rd place.

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Weekly Honor Roll:

Sarah Brassard, UMass Lowell (Sr., Oxford, Mass.) - Placed 86th overall and 63rd among scoring runners at the NCAA Cross Country Championship at Slippery Rock, Pa. Ran the 6K course in 23:31 and helped UMass Lowell to 22nd.

Haley Catarius, UMass Lowell (Jr., Marshfield, Mass.) - Placed 164th overall and 141st among scoring runners at the NCAA Cross Country Championship at Slippery Rock, Pa. Ran the 6K course in 25:05 and helped UMass Lowell to 22nd.

Christina DaLomba, UMass Lowell (Sr., Marstons Mills, Mass.) - Placed 107th overall and 86th among scoring runners at the NCAA Cross Country Championship at Slippery Rock, Pa. Ran the 6K course in 23:52 and helped UMass Lowell to 22nd.

Angus MacDonald, UMass Lowell (So., Methuen, Mass.) - Placed 87th overall and 75th among scoring runners at the NCAA Cross Country Championship at Slippery Rock University. Ran the 10K course in 33:01 and led the River Hawks to 13th in the team standings.

Steve O'Brien, UMass Lowell (Jr., Groton, Mass.) - Placed 103rd overall and 87th among scoring runners at the NCAA Cross Country Championship at Slippery Rock University. Ran the 10K course in 33:18 and helped the River Hawks to 13th in the team standings.

Kristina Coriaty, Stonehill (Sr., Brockton, Mass.) - Stonehill's top performer, finished the 6K course in 23:43, good for 77th place at the Division II Cross Country Championships.

Matt Meagher, Stonehill (Sr., Mansfield, Mass.) - Was Stonehill's top finisher at the NCAA Division II Cross Country Championships. Finished in 58th place with a time of 32:45 over the 10K layout.

Stephen Polito, Stonehill (Fr., Worcester, Mass.) - Was Stonehill's third finisher at the Division II Cross Country Championships. Wrapped up the 10K layout in 33:25, good for 93rd place.

Weekly Notes:

BENTLEY: Senior Melissa Nash finished her career by placing 61st in the NCAA Division II Championships. It was a career-high and her third straight top-75 finish. Nash, in 25 career cross country races, was Bentley's number one finisher 24 times.

Past Men's Athletes of the Week:

9/2: Jake McAndrew, Le Moyne, Jr.
9/8: Zachary Lankow, Stonehill, So.
9/15: John Fennekohl, Southern Connecticut, So.
9/22: Ruben Sanca, UMass Lowell, Sr.
9/29: Chris Croff, Southern Connecticut, Jr.
10/6: Pat Cullen, Saint Rose, Gr..
10/13: Ruben Sanca, UMass Lowell, Sr.
10/20: Brian Mulwo, American International, Fr.
10/27: Ruben Sanca, UMass Lowell, Sr.
11/10: Ruben Sanca, UMass Lowell, Sr.

Past Women's Athletes of the Week:

9/2: Melissa Nash, Bentley, Sr.
9/8: Lyra Clark, UMass Lowell, So.
9/15: Frannie Kloza, Bentley, So.
9/22: Christina DaLomba, UMass Lowell, Sr.
9/29: Melissa Nash, Bentley, Sr.
10/6: Mary Lynn Denholm, Saint Michael's, Sr.
10/13: Christina DaLomba, UMass Lowell, Sr.
10/20: Heather Gostyla, Assumption, Sr.
10/27: Melissa Nash, Bentley, Sr.
11/10: Christina DaLomba, UMass Lowell, Sr.

Past Men's Freshman of the Week:

9/8: Corey Donahoe, Stonehill
9/15: Steven Polito, Stonehill
9/22: Carlos Montrond, UMass Lowell
9/29: Bryan Sutherland, Bentley
10/6: Brandon Madigan, Saint Rose
10/13: Jeff Veiga, UMass Lowell
10/20: 10/20: Brian Mulwo, American International
10/27: Carlos Montrond, UMass Lowell
11/10: Jeff Veiga, UMass Lowell

Past Women's Freshman of the Week:

9/2: Gina Micaroni, Le Moyne
9/8: Gina Micaroni, Le Moyne
9/15: Jill Alves, Stonehill
9/22: Gina Micaroni, Le Moyne
9/29: Evelyn Marrero, Bentley
10/6: Gina Micaroni, Le Moyne
10/13: Gina Micaroni, Le Moyne
10/20: Jen D'Angelo, American International
10/27: Jill Alves, Stonehill
11/10: Jill Alves, Stonehill